**Upcoming Events**

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<td><strong>Jan. 19</strong></td>
<td><strong>12th Sunday of Luke</strong></td>
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<td><strong>Orthros &amp; Divine Liturgy</strong></td>
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<td><strong>Orthros &amp; Divine Liturgy</strong></td>
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<td><strong>Wednesday</strong></td>
<td><strong>Jan. 29</strong></td>
<td><strong>Chant Meeting</strong></td>
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12th Sunday of Luke

Antiphons. 2nd Mode.

Antiphon 1. Pg. 16. (By the prayers of the Theotokos, Savior, save us.).

Vs. 1: Bless the Lord, O my soul, and everything within me, bless His holy name.  
Vs. 2: Bless the Lord, O my soul, and forget not all His rewards.  
Vs. 3: The Lord prepared His throne in heaven, and His Kingdom rules over all.  

Glory...Both now...By the prayers...

Antiphon 3. Mode pl. 2.

Verse: This is the day the Lord made; let us greatly rejoice and be glad therein.
When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

Entrance Hymn. Mode 2.
Come, let us worship and bow down before Christ. Save us, O Son of God, Who did rise from the dead. We sing to You, Alleluia.

Dismissal Hymns
Resurrectional. Mode pl. 2.
When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

For the Devout Man. Mode 1.
As a citizen of the desert and an angel incarnate and a wonder-worker you shone forth, O Makarios our God-bearing father. Since you received the spiritual gifts by fasting and vigilance and prayer, you can cure those who are ailing and heal the souls of those who run to you with faith. Glory to Him who gave His might to you; glory to Him who placed a crown on you; glory to Him who operates through you, providing cures to all.
Τοῦ Ναοῦ. Ἠχος γ’.
Μέγαν εὕρατο ἐν τοῖς κινδύνοις, σὲ ὑπερμαχον ἡ οἰκουμένη, Ἀθλοφόρε τὰ ἔθνη τροπούμενον. Ως οὖν Λυαίου κάθειλες τὴν ἔπαρσιν, ἐν τῷ σταδίῳ ῥυόμενες τὸν Νέστορα, οὕτως Ἅγιε, Μεγαλομάρτυς Δημήτριε, Χριστὸν τὸν Θεὸν ἱκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

Κοντάκιον. Ἠχος α’.
Ο μήτραν παρθενικὴν ἁγιάσας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεὼν εὐλογήσας ως ἐπρέπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστὲ ὁ Θεός. Ἀλλ’ εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κρατάσαι Βασιλεῖς οὓς ἠγάπησας, ὁ μόνος φιλάνθρωπος.

Ἀνάγνωσμα τοῦ Ἀποστόλου
Προκείμενον. Ἠχος πλ. β’. Ψαλμός 27.
Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.
Στίχ. Πρὸς σέ, Κύριε, κεκράξομαι, ὁ Θεός μου.

Πρὸς Ἐφεσίου Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα. (3:4-11)
Ἀδελφοί, ὅταν ὁ Χριστὸς φανερωθῇ, ἡ ζωὴ ὑμῶν, τότε καὶ ὑμεῖς σὺν αὐτῷ φανερωθήσεσθε ἐν δόξῃ. Νεκρώσατε οὖν τὰ μέλη τὰ ἐπὶ τῆς γῆς, πορνείαν, ἀκαθαρσίαν, πάθος, ἐπιθυμίαν κακήν, καὶ τὴν πλεονεξίαν ἥτις ἐστὶν εἰδωλολατρία, δι’ ἃ ἔρχεται ἡ ὀργὴ τοῦ Θεοῦ ἐπὶ τοὺς υἱοὺς τῆς ἀπειθείας· ἐν οἷς καὶ ὑμεῖς περιεπατήσατέ ποτε ὅτε ἐζῆτε ἐν αὐτοῖς. Νυνὶ δὲ ἀπόθεσθε καὶ ὑμεῖς τὰ πάντα, ὁδῷν, θυμὸν, κακίαν, βλασφημίαν,
foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

**Alleluia. Mode pl. 2.**

**Alleluia. Alleluia. Alleluia.**

Vs. 1: He who dwells in the help of the Most High shall lodge in the shelter of the God of heaven.

**Alleluia. Alleluia. Alleluia.**

Vs. 2: He shall say to the Lord, "You are my protector."

**Alleluia. Alleluia. Alleluia.**

**Gospel Reading**

*According to Luke. (17:12-19).*

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said: "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus's feet, giving Him thanks. Now he was a Samaritan. Then said Jesus: "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him:
Wisdom of the Fathers

"Having met the Savior, therefore, the lepers earnestly besought Him to free them from their misery, and called Him Master, that is, Teacher. No one pitied them when suffering this malady, but He Who had appeared on earth for this very reason, and had become man that He might show pity to all, He was moved with compassion for them, and had mercy on them."

- St. Cyril of Alexandria

"He commanded them to go, therefore, as being already healed, and, that they might, so to speak, bear witness to the priests, as rulers of the Jews, and ever envious of His glory, that wonderfully, and beyond their hope, they had been delivered from their misfortune by Christ's willing that they should be healed."

- St. Cyril of Alexandria

Saints of the Week

January 19

Macarius the Great of Egypt

Saint Macarius the Great was from the Thebaid of Egypt, a disciple, as some say, of Saint Anthony the Great. He was born about 331 and struggled in asceticism in the desert at Scete. Although young, he was called "the child elder" because of his great wisdom and austere manner of life. He was ordained presbyter and reposed in 391, at the age of sixty. It is said of Saint Macarius that he became as a God upon earth, for even as God protects the whole world, so did he cover the faults he saw as if he did not see them. Once he came back to his cell to find a thief taking his things and loading them on a camel. Macarius' non-possessiveness was so great that he helped the thief load the camel. When the camel refused to rise, Macarius returned to his cell and brought a small hoe, said that the camel wanted the hoe also, loaded it on, and kicked the camel telling it to get up. The camel obeyed Macarius' command, but soon lay down again, and would not move until everything had been returned to Macarius. His contemporary, Saint Macarius of Alexandria, was so called because he came from Alexandria and was therefore of that Greek-speaking colony; while Saint Macarius the Great is also called "of Egypt," that is, he belonged to the ancient race native to Egypt, the Copts.
Mark, Bishop of Ephesus

The great teacher and invincible defender of the One, Holy, Catholic, and Apostolic Church, Saint Mark, was the offspring and scion of the imperial city, Constantinople. Reared by most pious parents, and instructed in secular and spiritual wisdom, he became preeminent in both. Saint Mark lived as an ascetic on the Prince's Islands and later in the monastery of Saint George Magana in Constantinople. He passed through all the degrees of the priesthood, and was finally advanced to the dignity of Archbishop and the lofty throne of the Metropolis of Ephesus. At the insistence of Emperor John Paleologos, the Saint was sent to the council of the Latins in Florence, to unite the churches that had been divided for so many years. He astounded the papal teachers with the divine wisdom of his words, and was the only one who did not sign the blasphemous decree of that false council. Because of this, the Holy Church of Christ has ever honored this great man as a benefactor, teacher, sole defender, and invincible champion of the Apostolic Confession.

January 22

Timothy the Apostle of the 70

The Apostle Timothy, who was from Lystra of Lycaonia, was born of a Greek (that is, pagan) father and a Jewish mother. His mother's name was Eunice, and his grandmother's name was Lois. He became the disciple of the Apostle Paul when the latter first preached there, and he followed St. Paul during the whole period of the Apostle's preaching. Afterwards, Timothy was consecrated by him as first Bishop of the church in Ephesus. Under the supervision of John the Evangelist, who governed all the churches in Asia, he completed his life as a martyr in the year 97. He was stoned to death by the heathens, because, as some surmise, he opposed the festival held in honor of Artemis (Diana). The Apostle Paul's First and Second Epistles to Timothy were written to him.

January 24

Xenia, Deaconess of Rome

Our righteous Mother Xenia of Rome was of a distinguished family. While her parents were preparing to wed her, she stole away secretly, taking two handmaids with her, and departed for Mylasa of Karia in Asia Minor, and there she completed her life in asceticism. She was ordained deaconess by Paul, her spiritual father, who became Bishop of Mylasa. Although she was originally named Eusebia, to conceal her identity, she took the name Xenia - which means "stranger" in Greek - because of her estrangement from her country.

January 25

Gregory the Theologian, Archbishop of Constantinople

This great Father and Teacher of the Church was born in 329 in Arianzus. At first he

Continued on pg. 10...
studied in Caesarea then in Alexandria, and finally in Athens. As he was sailing from Alexandria to Athens, a violent sea storm put in peril not only his life but also his salvation, since he had not yet been baptized. With tears and fervour he besought God to spare him, vowing to dedicate his whole self to Him, and the tempest gave way to calm. At Athens Saint Gregory was later joined by Saint Basil the Great. Another fellow student of theirs in Athens was the young Prince Julian, who later as Emperor was called the Apostate because he denied Christ and did all in his power to restore paganism. Even in Athens, before Julian had thrown off the mask of piety; Saint Gregory saw what an unsettled mind he had, and said, "What an evil the Roman State is nourishing".

About the Year 379, Saint Gregory came to the assistance of the Church of Constantinople, which had been troubled for forty years by the Arians; by his supremely wise words and many labours he freed it from the corruption of heresy, and was elected Archbishop of that city by the Second Ecumenical Council, which assembled there in 381, and condemned Macedonius, Archbishop of Constantinople, the enemy of the Holy Spirit. When Saint Gregory came to Constantinople, the Arians had taken all the churches and he was forced to serve in a house chapel dedicated to Saint Anastasia the Martyr. From there he began to preach his famous five sermons on the Trinity, called the Triadica. When he left Constantinople two years later, the Arians did not have one church left to them in the city. Saint Meletius of Antioch, who was presiding over the Second Ecumenical Council, died in the course of it, and Saint Gregory was chosen in his stead; there he distinguished himself in his expositions of dogmatic theology.

Having governed the Church until 382, he delivered his farewell speech - the Syntacterion, in which he demonstrated the Divinity of the Son - before 150 bishops and the Emperor Theodosius the Great; in this speech he requested, and received from all, permission to retire from the see of Constantinople.

His extant writings, both prose and poems in every type of metre, demonstrate his lofty eloquence and his wondrous breadth of learning. In the beauty of his writings, he is considered to have surpassed the Greek writers of antiquity, and because of his God-inspired theological thought, he received the surname "Theologian." He is especially called "Trinitarian Theologian," since in virtually every homily he refers to the Trinity and the one essence and nature of the Godhead.
Guidelines for Receiving Holy Communion

For Orthodox Christians

Orthodox Christians fully participate in the celebration of the Eucharist by receiving Holy Communion in fulfillment of Christ’s command to eat His Body and drink His Blood. In order to be properly disposed to receive Holy Communion, communicants should not be conscious of grave sin, have fasted appropriately and strive always to love God and their neighbor. Persons conscious of grave sin should seek immediately to be reconciled through the Mystery of Confession so they can begin again to receive Communion immediately. Frequent communion is recommended to all faithful Orthodox Christians.

For other Christians

We welcome to this celebration of the Eucharist those Christians who are not fully united with us. It is a consequence of the sad divisions of Christianity that we cannot extend to them a general invitation to receive Holy Communion. Orthodox Christians believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship of the community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist and for which we must all pray. All, however, are welcome to partake of the blessed bread (Antidoron) which will be distributed at the end of the service.

Shut-ins and Hospital Visitation

If anyone is in the hospital or otherwise in need of prayer or visitation, we are happy to publish their information (name and/or visitation information) in the bulletin. Please note, however, that we are unable to publish such information without a direct request.

If you are interested in helping with the visitation of the sick, please speak to Presvytera Peggy or contact the Church office.

In your prayers:

Please continue to pray for the health and recovery of: Augusta Ahejew, Petro Ahejew, Russ Ahejew, John Andros, George Andros, Sharon Bensinger, Ann De Corte, Edward & Gabriella Economous, Rob Nordin, Krista Koopman, Paul Kushner, Brenda LaBarge, Bill Tarachas, and Eva Zestos.

(If you would like to have a name added to or removed from this list, please contact the Church office).

A Prayer for the Sick

O holy Father, heavenly Physician of our souls and bodies, Who sent Your Only-begotten Son our Lord Jesus Christ to heal all our ailments and deliver us from death: do You visit and heal Your servant (name), granting him/her release from pain and restoration to health and vigor, that he/she may give thanks unto You and bless Your holy Name, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.

**Prayer courtesy of the Antiochian Archdiocese, from the "Pocket Prayer Book"**
St. Demetrios Greek Orthodox Church
2020 Stewardship Commitment Form

“Teach us to number our days that we may gain a heart of wisdom.”
Psalm 90:12

A TIME FOR EVERY PURPOSE UNDER HEAVEN

Please bring this form to the Church or mail it to the Church Office at 4970 Mackinaw Rd., Saginaw, MI 48603

Name:______________________________________________________________

Street Address:______________________________________________________
City:_________________________State:______Zip Code:_______________

Individual or Family
Name:______________________________________________________________
Home Tel:___________________________________________________________
Mobile Tel:__________________________________________________________
Work Tel:___________________________________________________________
Email:______________________________________________________________
Occupation:__________________________________________________________

Spouse (if applicable)
Name:______________________________________________________________
Home Tel:___________________________________________________________
Mobile Tel:__________________________________________________________
Work Tel:___________________________________________________________
Email:______________________________________________________________

Children (if applicable)

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<th>Names</th>
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In gratitude for God’s blessings, I/we pledge to contribute for Christ’s work at St. Demetrios Church for 2020.

$____ weekly $_____ monthly $_____ quarterly $_____ semi-annually $_____ annually

Our goal as a parish family is to raise our stewardship by $20/month for the 2020 calendar year. However, stewardship is a spiritual discipline that should be discussed with your spiritual father.

Please indicate areas of expertise or interest where you would like to serve:

(Industrials should provide a check mark and families provide “H” for husband, “W” for wife and “C” for children)

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<th>___ Church School Teacher</th>
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<td>___ Music Ministries</td>
<td>___ Church School Administration</td>
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<td>___ Sanctuary &amp; Altar Care</td>
<td>___ GOYA Advisor</td>
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<td>___ Iconography / Beautification</td>
<td>___ Ministries</td>
<td>___ OTHER</td>
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<td>COMMUNICATIONS</td>
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<td>___ Computer / Technical</td>
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I/we would like to receive notifications from St. Demetrios by: ___ email ___ paper mail

You can also submit your stewardship card and your contributions online at www.stdemetrios.mi.goarch.org/steuidship

CONFIDENTIAL: For Authorized Parish Personnel Only
When you support the Friends of the Metropolis campaign, you are part of a greater outreach that proclaims with one universal voice that God is truly our hope and our rock of salvation. Because of your devotion to the Friends program, ministries and programs are implemented on a Metropolis-wide basis which strengthen and enhance our faith and our joint ministry of service. I would like to invite you to join forces with the faithful throughout the Metropolis of Detroit in support of the ministries which are part of the Office of the Metropolitan.

Thanking you for your kind and generous response, I remain, with paternal blessings and prayers,

+NICHOLAS
Metropolitan of Detroit

MORE INFO AT:
WWW.DETROIT.GOARCH.ORG/FRIENDS

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Name:  
Address:  
City State Zip:  
Email Mobile No.:  
Parish Name City/State:  

Credit Card:  
Credit Card No.:  
Exp. Date:  
CVC No.:  

Check:  
Money Order:  

Total in $:  
Signature:  

Make checks payable to Greek Orthodox Metropolis of Detroit. Fill out this card and send it with payment to Greek Orthodox Metropolis of Detroit, 2560 Crooks Road, Troy, MI 48084
Our 2020 Stewardship goal is $170,000. As of January 5, we have received offerings reflecting 24% of that goal. Thank you to the following faithful stewards who have submitted their pledge cards for 2020. Please join them in their support of our St. Demetrios Greek Orthodox Church and submit your pledge card today!
(Please submit any corrections to the Church office).

Total Pledges: $40,955.00
Stewards pledged: 28

Rev. Fr. Timothy & Pr. Catherine Cook
Rev. Fr. Peter & Pr. Peggy Bistolarides
Dr. Thomas & Angela Barris
Johnathan Bernhart
Sophia Bernhart
Tom & Joan Billingsley
Dr. John & Dr. Judy Blebea
Jeremy & Taylor Blohm
Ashley Dietzel

Austin Economous
Edward & Gabriella Economous
Corey & Andrea Ferris
Betty Lou Gustafson
Evan & Alexia Houpis
Matina Ioannidis
Dr. Risty & Karen Kalivas
Mark & Koula Legner
Jamey Paron
Dr. Kelly Paron
Marge Paron

Dr. Nicholas & Julie Paron
Chris & Yiota Psetas
George & Frances Rouman
Electra Tarachas
William & Thespo Tarachas
Theodore & Georgia Veremis
Dr. George & Dr. Gladys Zubulake
James & Esmini Zubulake

ST. DEMETRIOS GREEK ORTHODOX CHURCH
FRIENDS OF THE METROPOLIS

2018
Cook, Fr. Timothy & Presvytera Catherine Bistolarides, Fr. Peter & Presvytera Peggy
St. Demetrios Greek Festival
Ahejew, Petro & Sandy
Barris, Thomas and Angela
Bazakis, Andrew and Ann
Caldwell, Larry and Peggy
Economou, Lou & Soula
Houpis, Evan and Alexia
Metropoulos, Kathy
Ostler, Dennis and Soula
Rouman, George and Frances
Stamas, Jim and Marsha

2019
Cook, Fr. Timothy & Presvytera Catherine Bistolarides, Fr. Peter & Presvytera Peggy
St. Demetrios Greek Festival
Ahejew Sr., Petro and Sandra
Economou, Lou & Soula
Metropoulos, Katherine
Paron, Nicholas & Julie
Rouman, George and Frances
Stamas, Jim and Marsha
Ulmer, George and Virginia
Zubulake, George
ANNOUNCEMENTS

WELCOME TO ALL VISITORS: For those visiting today, we are excited to welcome you to St. Demetrios Church. Everyone is welcome at our services, though only those who are baptized and chrismated Orthodox Christians may receive the Holy Mysteries. We hope you will stay not only for the service, but afterwards for coffee hour, so we can greet you and get to know you. If anyone has any questions about the Orthodox Faith or joining St. Demetrios, please feel free to speak with Fr. Timothy after the service.

VASILOPITA: Today we will be cutting the Parish Vasilopita in celebration of St. Basil and the new year. Happy new year, may it be blessed.

PARISH COUNCIL OATH OF OFFICE: At the end of the service today, Fr. Timothy will be administering the oath of office to the 2020 Parish Council. Congratulations and welcome back to Andrea & Corey Ferris, Elan Nichols, Kosta Povich, Joni Porchia, and Art Tselepis!

FESTIVAL MEETING: There will be a parish-wide meeting to discuss the Greek Festival during coffee hour today. Please stay and participate!

TODAY’S GREETERS

Meg Rodriguez, Taylor Blohm, Elan Nichols

PROSPHORA

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<tbody>
<tr>
<td>Kathy Huber</td>
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<tr>
<td>01/26: Janice Kato</td>
<td>02/09: TBA</td>
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COFFEE HOUR

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<tr>
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<tr>
<td>Taylor &amp; Jeremy Blohm</td>
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<tr>
<td>01/26: Vaia &amp; Shawn Clifford</td>
<td>02/09: TBA</td>
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HOUSE BLESSINGS

Traditionally, at the feast of our Lord’s Theophany on January 6th, we bless water which is used to sanctify the homes of all the faithful. In bringing the blessed water to our homes, and sprinkling it in each room, we rid our house of any evil influence, and rededicate it to God in a special way. As we were once renewed by the waters of our own baptism into Christ, so too our home, and our entire lives, are re-dedicated and renewed unto Christ our God each year at this time. Please contact the church office at 989-793-8822 if you would like your home blessed this year.

You can also fill out the following information and submit it to the Church office, or you fill it out online at www.stdemetrios.mi.goarch.org/house-blessings.

Name: ___________________________   Phone #: ___________________________

Address: ___________________________   Email: ___________________________

________________________________

Date desired: ___________________________   Time of day: ___________________________

House Blessing FAQ

1. Who should be present?
Answer: As many family members as possible. We are blessing both the house itself and the people who live in it, as an extension and reflection of the Church.

2. What do I need to have ready?
Answer: An icon on a table near your icon corner, or in the kitchen/dining room and names of the living (at least those who live in the house, often also other relatives). Optional: Candle/incense with the icon, a bunch of fresh basil, and a bowl of water.

3. Do I need to deep-clean the house?
Answer: Whatever makes you comfortable.

4. Do I need to feed the priest?
Answer: No, but Fr. Timothy would be very happy to sit with you and the family for a little while after the blessing. House Blessings are a good time to catch up with the priest.

4. My house was blessed last year, do I need to do it again?
Answer: It's up to you! It's traditional to do it every year, as a renewal of the dedication of our homes as "little churches," but there's no expiration date on the blessing.

Other questions? Call or email Fr. Timothy at 989-793-8822 or frtimothycook@gmail.com.